



HEALTH SERVICES
DEPARTMENT
POLICIES & PROCEDURES
MANUAL

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Introduction

The [ORGANIZATION] operates its Department Policies and Procedures Manual, as mandated by:

- Head Start Program Performance Standards 45 (CFR) Chapter XIII Administration for Children and Families
- Head Start Act (As Amended December 12, 2007)

These policies adhere to the general guidelines of the ECLKC Performance Standards and the Texas Health and Human Services Standards.

ECLKC Performance Standards focus on ensuring children's health and well-being in areas like:

Access to ongoing healthcare (including dental)

Up-to-date immunizations

Healthy meals and nutrition

Mental health and social-emotional development

The Texas Health and Human Services Standards sets guidelines for various programs.

All health information is made confidential in accordance with HIPAA regulations.

Staff can only share information with healthcare professionals and support personnel involved in the child's care with written parental consent.

Acknowledgements:

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Department Overview

[XXX]

<u>Staff</u>

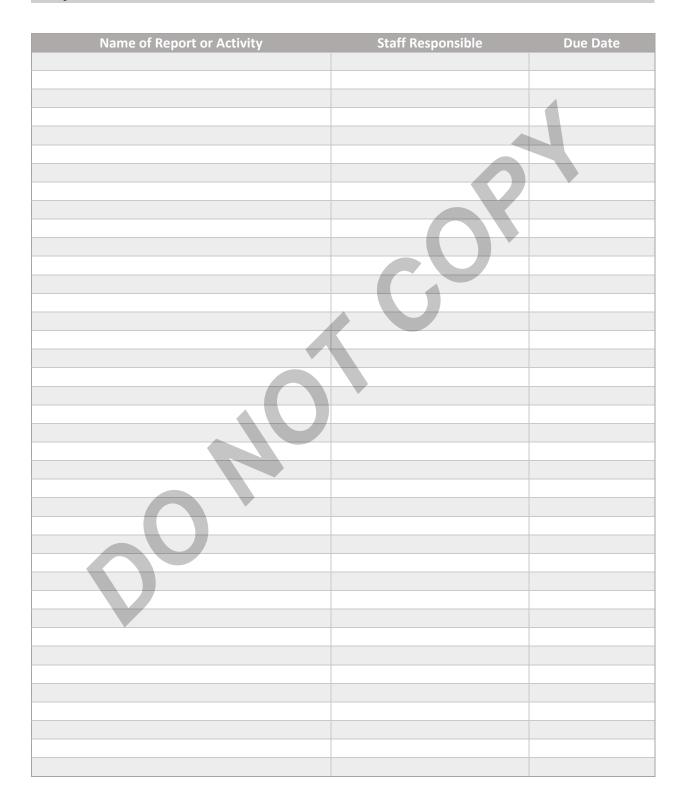
[XXX]

Responsibilities

[XXX]

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Department Deadlines and Activities



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Policies and Procedures

System Service Area:	Advocating for Quality Health Services for Children in Texas	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy ensures all children enrolled in Texas early childhood programs - including daycare, pre-kindergarten, and Head Start - have access to quality health services that align with the ECLKC Performance Standards and the Texas Health and Human Services Standards.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Integration and Best Practices

ocacy and Policy D	evelopment		
	•		

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System Service Area:	Annual training update on reporting suspected abuse and neglect
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

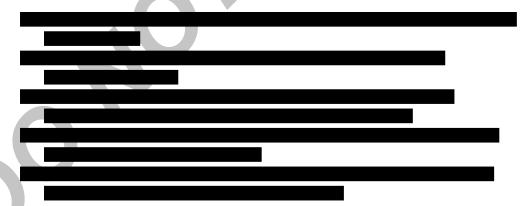
Policy: This policy ensures all staff members in Childcare Programs maintain current knowledge and skills for identifying, reporting, and responding to suspected child abuse and neglect, with the aim of ensuring staff competency in recognizing and responding to suspected abuse or neglect, and promoting consistent application of reporting procedures across the Program.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

All Program staff (teachers, administrators, volunteers, support staff) are required to complete mandatory annual training updates on:



Training Format

 Training updates can be delivered through various formats, including in-person workshops, online training modules, and/or interactive webinars.

Regardless of format, the training program should be engaging, informative, and address practical scenarios relevant to Program settings.

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System Service Area:	Availability of Health Resources Policy
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy ensures that the Program maintains readily available health resources to promote children's well-being and address basic health needs. It aligns with the focus on child health and safety. While these documents don't mandate specific resources, this policy promotes preparedness.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Health Information Resources

- Age-appropriate health information materials are readily accessible to staff in a central location.
- These may include Information on common childhood illnesses and injuries, first-aid procedures, and emergency contact information (poison control center, ambulance)

Community Health Resources

Communication and Training	
communication and training	

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System Service Area:	Developing and Implementing Individualized Health Plans
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

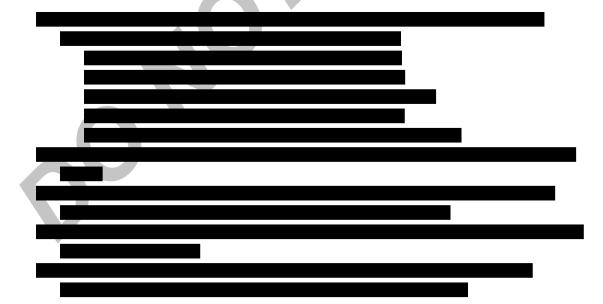
Policy: This policy establishes a comprehensive framework for developing and implementing Individualized Health Plans (IHPs) to address the unique health needs of all children enrolled in Childcare Programs, promoting optimal health and well-being. It helps set clear, measurable, achievable, relevant, and time-bound (SMART) goals for improved health outcomes or management of existing conditions.

Time Frame: XX

Person(s) Responsible: XX

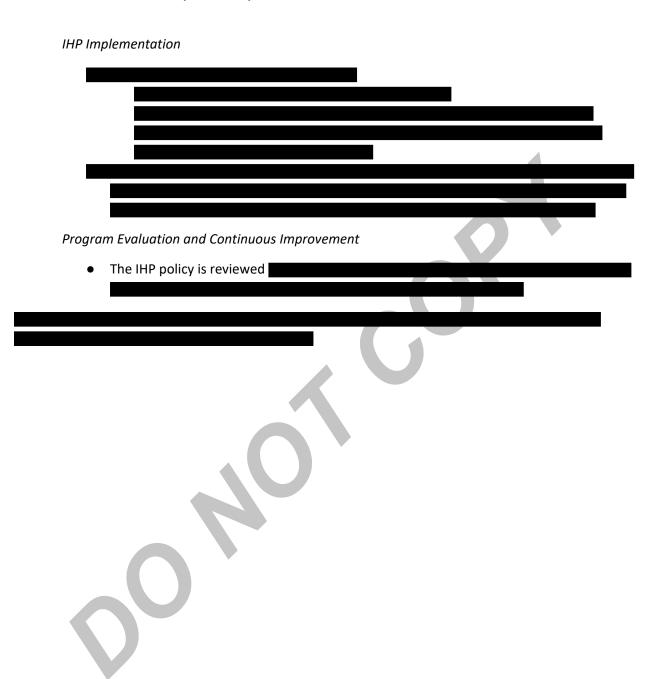
Procedure:

IHP Development Process



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Individualized Health Plans (continued)



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System Service Area:	Health Emergency Bulletin
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy ensures the safety and well-being of children, staff, and families in Childcare Programs by establishing a clear protocol for monitoring and responding to health emergency bulletins issued by local or state health departments.

The aim is to have timely awareness of potential health threats, allow for proactive response measures, protect children, staff, and families from exposure to infectious diseases, and promote collaboration and communication with health authorities and the community.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

 Program administrators designate a staff member responsible for monitoring health alerts and bulletins from relevant health authorities, such as the Texas Department of State Health Services (DSHS), local public health departments, and official health department email alerts.

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System Service Area:	Health Records Actualization and Updating Policy
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy details the procedures for ensuring the accuracy and timeliness of children's health records maintained by the Program.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Parents/Guardians are responsible for

- Providing complete and accurate health records upon enrollment.
- Promptly informing the Program of any changes to their child's health information, , including new immunizations received, development of allergies or medical conditions, changes in medications or dosages (with a new physician's order), and updates to emergency contact information.
- Providing necessary documentation to verify updates.

Program Staff are responsible for

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System Service Area:	Health Services Staff Collaboration with Health Services Advisory Committee (HSAC) Policy
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: The Program mandates collaboration between health services staff and HSAC members to enhance health services, access to care, and health awareness for enrolled children.

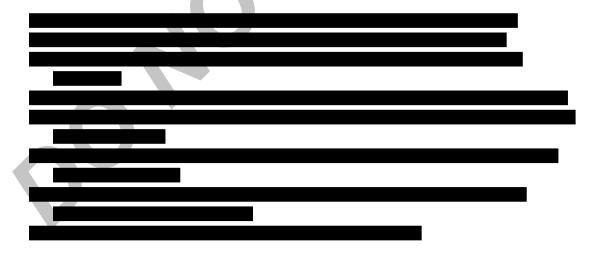
Time Frame: XX

Person(s) Responsible: XX

Procedure:

The HSAC is comprised of representatives from various backgrounds, including health care professionals (e.g., pediatricians, nurses), mental health professionals, community social service agencies, and program health services staff

Collaboration Activities



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System Service Area:	Keeping copies of all health records in a safe place for transitional purposes	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy details securely maintaining copies of children's health records for transitional purposes during enrollment changes in the Childcare Program, with the aim of ensuring continuity of care for children transitioning between the Programs, providing healthcare providers with a complete health history for informed decision-making, and maintaining compliance with relevant standards and regulations.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

- Copies of all health records are maintained
- Copies of health records must be stored securely

Transition Process

• Upon a child's exit or transition, the Program:

Destruction of Records

deletion of electronic files.

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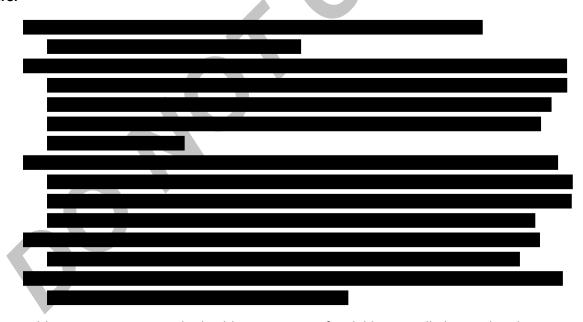
System Service Area:	Medicaid Services	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy details the Medicaid health insurance program for low-income individuals and families and those who qualify have a right to coverage, and the specific services and coverage details of Medicaid, as they vary depending on a child's individual needs and Medicaid eligibility, as not all ECLKC standards may be directly covered by Medicaid.

Time Frame: XX

Person(s) Responsible: XX

Procedure:



The Texas Health Steps program provides healthcare coverage for children enrolled in Medicaid in Texas, covering EPSDT services as required by Medicaid, including preventive care (checkups, immunizations, screenings), diagnostic services (tests to identify health problems, treatment services (treatment for identified health problems), and dental services (depending on age).

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System Service Area:	Monitoring and Reporting Suspected Abuse and Neglect	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy ensures the safety and well-being of all children enrolled in the Program, and establishing a comprehensive system for monitoring, reporting, and responding to suspected child abuse and neglect, with the aim of protecting children from harm by ensuring timely reporting of suspected abuse or neglect.

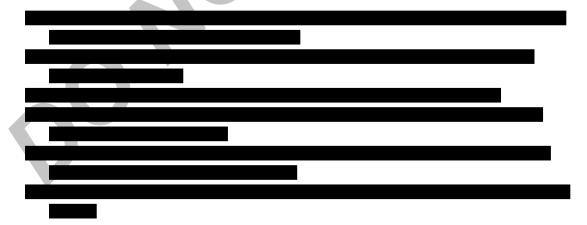
This policy adheres to relevant federal and state laws, including the Texas Family Code and the Child Abuse Prevention and Treatment Act (CAPTA).

Time Frame: XX

Person(s) Responsible: XX

Procedure:

All Program staff, including teachers, administrators, volunteers, and support staff, receive mandatory training on



Monitoring and Observation

The staff are vigilant in observing children for signs of abuse or neglect during program activities, including:

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Monitoring and Reporting Suspected Abuse and Neglect (continued)

orting Procedures				
	1			
			7	
identiality and Support				

CONFIDENTIALITY

 All Program staff are mandated reporters and legally obligated to report suspected child abuse or neglect to the Texas Department of Family and Protective Services (DFPS) Child Abuse Hotline.



The staff receive training on maintaining confidentiality while fulfilling their mandatory reporting obligations.

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System Service Area:	Monitoring Children's Health Records	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy details the Program's procedures for monitoring children's health records and ensuring compliance with immunization requirements and other health-related regulations.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Health Record Collection and Review

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System Service Area:	Notifying Health Services Director and Nurses Policy	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy details the procedures for notifying the Health Services Director and nurses of health-related issues concerning children enrolled in the Program.

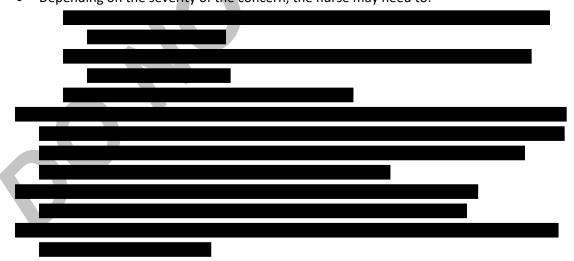
Time Frame: XX

Person(s) Responsible: XX

Procedure:

Notification Process

- Any observed or reported health concerns are promptly communicated to the nurse on duty.
- The nurse assesses the situation and determines the necessary course of action.
- Depending on the severity of the concern, the nurse may need to:



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System Service Area:	Parent/Guardian Accompaniment During Exams/Tests/Screening Procedures Policy
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy details the Program's approach to parent/guardian accompaniment during children's exams, tests, and screening procedures, with the goal of balancing the importance of parental involvement with the need to ensure efficient and standardized testing procedures

Time Frame: XX

Person(s) Responsible: XX

Procedure:

If parent/guardian accompaniment is permitted:	
	_
If accompaniment is not permitted:	

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System Service Area:	Parent/Guardian Participation in Health Lessons and Activities Policy	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: The program fosters collaboration between parents/guardians and staff through health education participation, promoting children's health and well-being by strengthening home-program partnerships and reinforcing healthy habits.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Participation Opportunities

Parents/guardians are invited to participate in		

Communication and Transparency

- Program staff provide clear and consistent communication to parents/guardians regarding upcoming health lessons and activities.
- Information includes the topics covered, learning objectives, and any materials used.

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System Service Area:	Physical Examination Policy (Head-to-Toe Assessment)	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

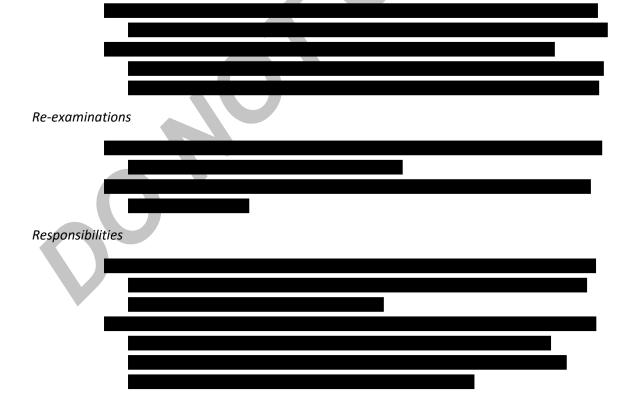
Policy: All children enrolled in the Program will undergo a thorough health assessment upon entering the program to identify any potential health concerns.

Time Frame:

Person(s) Responsible: XX

Procedure:

Initial Health Examination



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System Service Area:	Promoting Preventive Healthcare via Newsletters and Conferences
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy increases awareness and knowledge about preventive healthcare practices among parents and caregivers of children enrolled in the Childcare Program, with the aim of improving health outcomes for children through early intervention and prevention of illness and creating stronger partnerships between the Program staff, healthcare providers, and families.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Newsletters

• De	velop engaging	and informative	newsletters abo	out:	
Conference	25				

Offer childcare services during conferences to encourage participation.

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System Service Area:	Public Assistance for [ORGANIZATION] Payment Disbursement	
Related Regulations: xx		
Related Forms:	Related Reports: PC Revision: Board Revision:	
PC Approval:		
Board Approval:		
Policy: This policy ensures transparent and efficient disbursement of public funds allocated to the [ORGANIZATION] program, maximizing their impact on program quality and services for enrolled children.		

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Funding Sources

Eligibility for Public Assistance
Lingismity for Tubile Assistance
Payment Procedures
ruyment riotedures

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Public Assistance Payment Disbursement (continued)



The [ORGANIZATION] also conducts internal audits periodically to identify any areas for improvement in financial management practices.



System Service Area:	Referrals Policy
Related Regulations: 1302.42 (a); §746.609	
Related Forms: Related Reports:	
PC Approval:	PC Revision:
Board Approval:	Board Revision:
Policy: This policy details the procedures for ini enrolled in the Program who may requir	tiating and following up on referrals for children re additional health services or support.
Time Frame: XX	
Person(s) Responsible: XX	

Referral Process

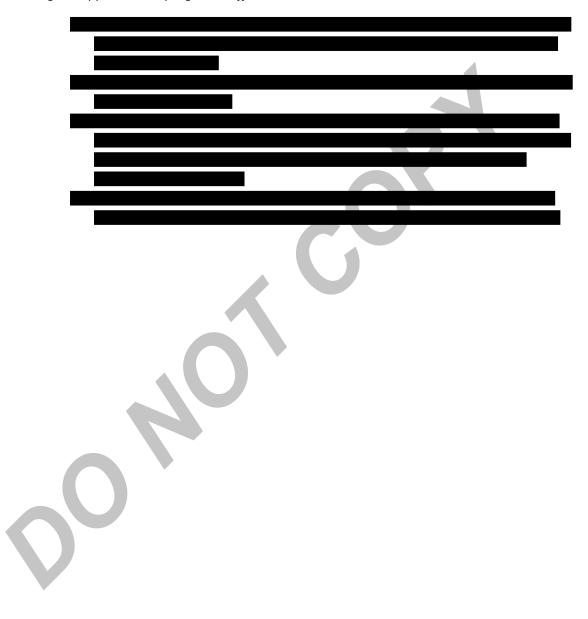
Procedure:

Communication and Follow-up	
communication and renew ap	
Program staff communicate the referral decision	
	_

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Referrals Policy (continued)

Following the appointment, program staff:



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System Service Area:	Referring non-Medicaid parents/guardians to community health resources for assistance	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy ensures all children enrolled in Childcare Programs in Texas have access to necessary health services, regardless of their family's Medicaid enrollment status, with the goal of improving health outcomes for children through early intervention and preventive care, and enhancing collaboration between programs and community health organizations.

Time Frame: XX

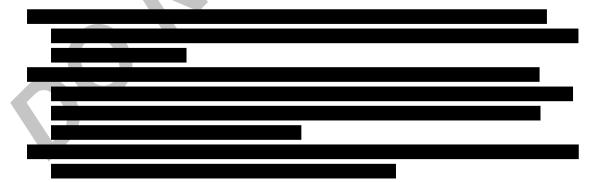
Person(s) Responsible: XX

Procedure:

Identification of Needs

 Program staff are trained to identify potential health concerns in children, including signs and symptoms of illness or developmental delays, and/or indications of unmet health needs (e.g., frequent absences due to illness, changes in behavior)

Referral Process



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System Service Area:	Regular Health Records Review
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: This policy ensures the accuracy, completeness, and accessibility of health records for all children enrolled in Childcare Programs to support informed decision-making and continuity of care.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Regular review of health records demonstrates a commitment to providing quality care for all children enrolled in the Program. Timely identification of potential health concerns for early intervention help improve health outcomes.

Reviews are conducted by trained Program staff (e.g., nurse, health professional), who
are tasked with



Record Retention and Accessibility

• The Program has a documented policy for health record retention and accessibility that complies with all applicable laws and regulations (e.g., HIPAA), including:



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System Service Area:		Securing Information from Primary Healthcare Provider Policy
Related	Regulations: xx	<u> </u>
Related	Related Forms: Related Reports:	
PC Appr	oval:	PC Revision:
Board Approval: Board Revision:		Board Revision:
	child's primary healthcare provide compliance.	for securely obtaining and maintaining information from a er (PCP) to ensure the child's well-being and program
Time Fra		
Person(s	s) Responsible: XX	
Procedu	ıre:	
	Information Request	
	Information Receipt and Storage	
	Sharing of Information	
	Retention and Disposal of Informa	tion

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System Service Area:	Special Menu Policy - Physician-Ordered Modifications
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:
Policy: This policy details the procedures accordance with a physician-orde Time Frame: XX	s for providing children with special dietary needs in cred modified diet plan.
Person(s) Responsible: XX	
Procedure:	
Documentation Requirement	
Communication and Collaboration	
Accommodation and Modification The staff make reasonabl	ns e efforts to provide meals and snacks that meet the child's
	sed on the physician-ordered plan.

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System Service Area:	Staff training on Universal Precautions	
Related Regulations: xx		
Related Forms:	Related Reports:	
PC Approval:	PC Revision:	
Board Approval:	Board Revision:	

Policy: This policy details how to equip staff with the knowledge and skills to implement Universal Precautions (UP) effectively, with the aim of reducing the risk of infectious disease transmission within the Program setting, promoting a healthy and safe environment for children, staff, and families, and ensuring staff compliance with relevant health and safety regulations.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

• All new staff receive UP training as part of their onboarding process.

 Training can be delivered in various formats, including interactive workshops with demonstrations, online training modules with quizzes, and/or hands-on practice sessions for proper hand washing and PPE use.

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Staff training on Universal Precautions (continued)

Monitoring and Evaluation



RESOURCES

 The staff are provided access to readily available resources on UP, including guidelines for proper cleaning and disinfection procedures and information sheets on common childhood illnesses.



System Service Area:	Vitals Monitoring Policy
Related Regulations: xx	
Related Forms:	Related Reports:
PC Approval:	PC Revision:
Board Approval:	Board Revision:

Policy: Program staff are responsible for following established procedures for monitoring the vital signs of children enrolled in the program. This is done to identify potential health concerns and ensure the well-being of all children.

Time Frame: XX

Person(s) Responsible: XX

Procedure:

Monitoring Frequency

Monitoring Techniques
Documentation and Communication

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